

01

Music rewards the brain

Music stimulates the brain regions involved in rewards and emotion. The result? It's a fun, awesome mental exercise that improves your self-esteem.

02

Learn to actually listen

Kids that study music are better at picking up foreign languages and detecting speech in noise - even if they only studied briefly, long ago!

03

Do better in school

Studies show that kids involved in music have better reading skills, know their math and tend to be brighter. SAT takers that studied music scored 47 and 43 points higher on their verbal and math tests, respectively.

Your Kid's Brain on Music

06

Makes kids nicer

Kids hooked on music are better team players, less aggressive and more cooperative with teachers. There are less fights, racism and hurtful sarcasm in schools with good music programs.

05

Helps kids grow up

Learning music enables kids to better express their ideas, accept criticism and improves their critical thinking and problem solving.

04

Best way to stay in school

A staggering 96% of school principals agree that music education encourages and motivates students to stay in school.

Sources:

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