

# ARTS & NATIONAL INITIATIVE FOR HEALTH IN THE MILITARY

## Third National Summit: Advancing Research in the Arts for Health and Well-being across the Military Continuum



Sponsored by Americans for the Arts and the National Center for Complementary and Integrative Health/National Institutes of Health with additional support from the National Endowment for the Arts

## EVENT SCHEDULE AND LOCATIONS

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### **Reception and Opening Event (closed to media)**

Thursday, February 26, 2015, from 5:00 p.m. to 7:30 p.m. ET

National Intrepid Center of Excellence on the campus of Walter Reed National Military Medical Center

### **Summit (open to media)**

Friday, February 27, 2015, from 7:30 a.m. to 5:30 p.m. ET

Natcher (Ruth L. Kirschstein) Auditorium, National Institutes of Health

### **Closing Reception (closed to media)**

Friday, February 27, 2015, from 6:00 p.m. to 8:00 p.m. ET

Bethesda Marriott Congressional Ballroom

## BACKGROUND

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The Third National Summit of the National Initiative for Arts & Health in the Military will examine the critical research needs impacting military service members, veterans, and their families in promoting health, healing, and well-being from pre-deployment, deployment, to reintegration into civilian life. Through symposia, breakout group discussion, and engagement with prominent researchers and thought leaders, participants will learn about the current evidence base for the efficacy of the arts and creative arts therapies in helping service members and veterans recover from illness and injury, with emphasis on current topics of interest to military and veterans health, including resilience, physical and psychological healing, family strengthening, and reintegration. The program and discussions are designed to help advance the strategies and recommendations for research articulated in the [Arts, Health and Well-Being Across the Military Continuum](#) White Paper.

# SUMMIT AGENDA

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7:30 – 8:00

## REGISTRATION AND BREAKFAST

8:00 – 8:15

## OPENING REMARKS

**Welcome** from Americans for the Arts on behalf of the National Initiative for Arts & Health in the Military and the National Center for Complementary and Integrative Health (NCCIH), National Institutes of Health (NIH)

Presenting perspectives on why research is a critical area of interest for the National Initiative for Arts & Health in the Military and NCCIH.

- **Robert L. Lynch**, President and CEO, Americans for the Arts
- **Josephine P. Briggs, M.D.**, Director, NCCIH/NIH

8:15 – 10:30

## SYMPOSIUM I: Overview of Exciting Research

Presenting examples of current NIH and Department of Defense-funded research projects that employ (1) arts-based interventions with implications for military populations; (2) integrative approaches to research in military populations; and (3) innovations in research technologies.

- **Moderator: Emmeline Edwards, Ph.D.**, Director, Division of Extramural Research, NCCIH/NIH
- **Joke Bradt, Ph.D., MT-BC**, Associate Professor, Music Therapy, Creative Arts Therapies, Drexel University
  - Focus: Current NIH-funded research that employs a creative arts therapy intervention, with implications for military populations
- **Donald McGeary, Ph.D.**, Assistant Professor, Psychiatry, School of Medicine, The University of Texas Health Science Center
  - Focus: Current NIH-funded research that includes integrative approaches in a military population
- **Daniel Ragsdale, Ph.D., COL, USA (Ret)**, Program Manager, Information Innovation Office, Defense Advanced Research Projects Agency (DARPA)
  - Focus: Integrative approaches and innovations in research technologies in military and veteran populations

10:30 – 10:45

## COFFEE BREAK

10:45 – 1:00

## SYMPOSIUM II: Research Methods and Available Tools

Presenting examples of current NIH-funded research projects with implications for military populations that demonstrate (1) innovative arts-related objective outcome measures; (2) available NIH tools (NIH Toolbox, NIH PROMIS, NIH Neuro-QoL) to assess behavioral and neurological outcomes; and (3) adaptation and application of PROMIS for military and veteran populations.

- **Moderator: Kristen Huntley, Ph.D.**, Program Director, Division of Extramural Research, NCCIH/NIH
- **Nina Kraus, Ph.D.**, Hugh Knowles Professor of Communication Sciences and Neurobiology at Northwestern University
  - Focus: Current NIH-funded research that demonstrates innovative arts-related objective outcome measures, with implications for military populations
- **Richard Gershon, Ph.D.**, Associate Professor, Medical Social Sciences and Preventive Medicine-Health and Biomedical Informatics, Feinberg School of Medicine, Northwestern University
  - Focus: Current NIH-funded research that demonstrates available NIH tools (NIH Toolbox, NIH PROMIS, NIH Neuro-QoL) to assess behavioral and neurological outcomes, with implications for military populations
- **Chester “Trip” Buckenmaier III, M.D., COL (Ret), MC, USA**, Program Director Emeritus, National Capital Consortium’s Regional Anesthesia Fellowship Program; Walter Reed National Military Medical Center; Professor in Anesthesiology at the Uniformed Services University of the Health Sciences; Diplomat, The American Board of Anesthesiology
  - Focus: Department of Defense PASTOR program and adaptation and application of PROMIS for military and veteran populations

1:00 – 1:45

1:45 – 3:15

## **BOX LUNCH**

### **CONCURRENT BREAKOUT SESSIONS**

Featuring facilitated discussions and presentations of case studies/examples thematically designed to address the central research recommendations or concerns articulated in the White Paper.

#### **GROUP 1: Creative Arts Therapies in Interdisciplinary Care at National Intrepid Center of Excellence (NICoE) Facilities**

Panel and discussion will present an overview of how creative arts therapies have evolved at NICoE facilities and investigate emerging research opportunities that can lead to a better understanding of how these interventions function in patient-centered, integrative care.

*Facilitator:* **Bill O'Brien**, Senior Advisor for Program Innovation, National Endowment for the Arts

*Presenters:*

- **Thomas J. DeGraba, M.D.**, Senior Scientific Advisor, NICoE
- **Geoffrey G. Grammer, M.D., COL, USA**, Department Chief Clinical Research and Education, NICoE
- **Melissa Walker, M.A., ATR**, Creative arts therapist/Healing Arts Program Coordinator, NICoE
- **Rebecca Vaudreuil, B.M., NMT-F, NICU MT, MT-BC**, Neurologic Music Rehabilitation and Neonatal Intensive Care Unit Specialist

#### **GROUP 2: Research Innovations on Integrative Care in Military Health Settings and Applications for the Arts**

Panel and discussion will explore the connections between the arts and integrative health, and how creative arts therapies practices can inform practice and research being conducted in integrative care across military treatment facilities and VA clinical settings.

*Facilitator:* **Moira McGuire, CAPT, USPHS, DHA**, Assistant Chief, Integrative Health Services, Walter Reed National Military Medical Center

*Presenters:*

- **Heechin Chae, M.D.**, Director of the NICoE Intrepid Spirit/Traumatic Brain Injury Clinic at Fort Belvoir
- **Frederick Foote, M.D. CAPT, (Ret), MC, USN**, Institute Scholar, Institute for Integrative Health; Adjunct Assistant Professor, Uniformed Services University of the Health Sciences
- **Eric B. Schoomaker, M.D., Ph.D., LTG, (Ret), USA**, Professor and Vice-Chair for Centers and Programs, Department of Military and Emergency Medicine, Uniformed Services University of the Health Sciences
- **Allison Winters, M.A., M.S., BC-DMT, LCAT, RYT**, Lead Recreation/Creative Arts Therapist, Community Living Center, Livermore VAMC, VA Palo Alto Health Care System

#### **GROUP 3: Creative Arts Therapies and Arts Partnerships in VA Patient-Centered Care— Demonstrating Impact Through Innovation and Collaboration**

Panel and discussion will present innovative creative arts therapies and community connections designed to move veterans along the continuum of care and back into strong community roles. Focus of the session will include adapting VA tools and methods for measuring impact, such as the Recovery Assessment Scale for creative arts therapies, and strategies to develop relationships between researchers and research departments in VA facilities.

*Facilitator:* **Donna Faraone, M.P.A.**, Field-Based Implementation Team Lead, Office of Patient-Centered Care and Cultural Transformation, Veterans Health Administration

*Presenters:*

- **Rachel L. Brink, L.C.S.W., BCD, CPRP**, Chief, Psychosocial Rehabilitation and Recovery Center, James A. Haley Veterans Hospital, Tampa
- **Richard Burton, M.A., RDT, CPRP**, Recreation/Creative Arts Therapy, Psychosocial Rehabilitation and Recovery Center, San Francisco VA Health Care System

#### **GROUP 4: Arts-Based Research and Innovative Tools Across Military/Veterans Settings**

Panel and discussion will present innovative arts and health research strategies, such as participatory research models, and the development of new, computer-based tools resulting from university and Defense Health and VA medical system collaborations. Discussion will focus on how these community engagement strategies can inform practice and research and support community collaborations across military treatment facilities and VA clinical settings.

*Facilitator:* **Jeremy Nobel, M.D., M.P.H.**, President, Foundation for Art & Healing; Faculty, Center for Primary Care, Department of Global Health and Social Medicine, Harvard Medical School

*Presenters:*

- **Donna Betts, Ph.D., ATR-BC**, Assistant Professor, Art Therapy, The George Washington University (GW); GW Project Lead, DARPA Warrior Stories Platform; President-Elect, American Art Therapy Association
- **Heather Weyers**, Creative Director, Kinecton, Lead Designer and Project Manager, DARPA Warrior Stories Platform
- **Doug Nelson**, President, Kinecton; Principal Investigator, DARPA Warrior Stories Platform
- **Gala True, Ph.D.**, Core Investigator and Co-Director of the Methods Core, Center for Health Equity Research and Promotion, Department of Veterans Affairs; Research Assistant Professor, University of Pennsylvania, School of Medicine; Project Director, From War to Home

#### **GROUP 5: Innovative Research on Military Family Health and Well-Being and Applications for the Arts**

Panel and discussion will examine how current initiatives in military family-based research (both clinical and nonclinical) can be applied in an arts-based context to assist arts nonprofits and others in the community both to embark on and expand the body of research on military families and the arts, as well as develop research-based arts programming for military families.

*Facilitator:* **Theresa T. Buchanan, B.S.N., JD**, Youth Initiatives Director, National Military Family Association

*Presenters:*

- **Dave Topp, Ph.D., M.S.W.**, Director of Research, Military Family Research Institute, Purdue University
- **Lisa Peacock, M.A., RDT**, Resident Drama Therapist for Veterans Programming at Family & Community Services; Founder and Director, Vet Art Project
- **David Peacock**, Drama Therapist, HCPC, Head of Therapeutic Programming for Veterans Programming at Family & Community Services
- **Kele Ding, Ph.D.**, Assistant Professor in Health Education and Promotion, Kent State University
- **Matthew Slater**, Director of Veterans Programming at Family & Community Services

3:15 – 3:30

**COFFEE BREAK**

3:30 – 4:15

### **BREAKOUT GROUP SUMMATION**

Panel and discussion will focus on the topline findings and key ideas emerging from each of the Breakout Group topics.

*Facilitator:* **Jeanne Rae**, Founder and CEO, Motiv

*Presenters:*

- **Bill O'Brien**, Senior Advisor for Program Innovation, National Endowment for the Arts; Group 1 Moderator
- **Moira McGuire, CAPT, USPHS, DHA**, Assistant Chief, Integrative Health Services, Walter Reed National Military Medical Center; Group 2 Moderator
- **Donna Faraone, M.P.A.**, Field-Based Implementation Team Lead, Office of Patient-Centered Care and Cultural Transformation, Veterans Health Administration; Group 3 Moderator
- **Jeremy Nobel, M.D., M.P.H.**, President, Foundation for Art & Healing; Faculty, Center for Primary Care, Department of Global Health and Social Medicine, Harvard Medical School; Group 4 Moderator
- **Theresa T. Buchanan, B.S.N., JD**, Youth Initiatives Director, National Military Family Association; Group 5 Moderator

4:15 – 5:15

### **SYMPOSIUM III: Research Challenges and Opportunities: Strategies for Building Capacity for Arts-Related Research in Military and Veteran Settings**

Presenting noted experts in translating evidence into action and bringing research to scale, in a moderated discussion that will consider what steps or resources are needed to achieve a higher level of rigor for arts-related research and to gain broader acceptance for arts interventions in the clinical community.

- **Moderator: Sunil Iyengar**, Research & Analysis Director, National Endowment for the Arts; Chair, Interagency Task Force on Arts and Human Development
- **Wayne B. Jonas, M.D., LTCOL (Ret), MC, USA**, President and CEO, Samueli Institute
- **Julene Johnson, Ph.D.**, University of California, San Francisco, (UCSF) Institute for Health and Aging and UCSF Center for Aging in Diverse Communities
- **Sara M. Kass, M.D., CAPT (Ret), USN**, former NICoE Special Assistant to the Commander, Walter Reed National Military Medical Center

5:15 – 5:30

### **CLOSING THOUGHTS AND DIRECTIONS TO THE RECEPTION**

- **Robert L. Lynch**, President and CEO, Americans for the Arts
- **Jane Chu**, Chairman, National Endowment for the Arts

6:00 – 8:00

### **RECEPTION**

Congressional Ballroom, Bethesda Marriott Hotel